

Contact

www.linkedin.com/in/eddie-lester-88352930 (LinkedIn)
www.fitnessmentors.com/personal-trainer-salary/ (Company)
www.fitnessmentors.com/free-nasm-practice-test/ (Personal)

Top Skills

Teaching
Training
Education

Eddie Lester

Founder at Fitness Mentors
San Clemente, California

Summary

Experienced CEO with a demonstrated history of working in the fitness education industry. Skilled in Fitness Training, Curriculum Development, Weight Training, Management, and Program Development. Strong community and education professional and a Certified Master Trainer.

Experience

Fitness Mentors

Founder

April 2014 - Present (6 years 1 month)

Greater Los Angeles Area

Fostering career growth for new and experienced professional personal trainers.

Career Colleges of America

Program Director for Fitness Trainer

July 2011 - June 2015 (4 years)

Assigned Responsibilities and Duties:

- 1) Develop implement comprehensive 900 hour curriculum.
- 2) Submit materials to program accrediting agencies as required.
- 3) Assure compliance with Board of Education and accrediting agencies regulations.
- 4) Supervise and guide instructors in accordance with rules and regulations as follows:
 - a) Instructing classes as assigned
 - b) Developing course materials and evaluation tools as needed
 - c) Maintaining a classroom conducive to learning, which is neat and orderly.
 - d) Preparing lesson/unit plans
 - e) Developing of supplemental learning materials
 - f) Researching and preparing lecture materials in advance of class presentation
 - g) Organizing and presenting subject matter in a way meaningful to students

- h) Keeping subject matter current and related to curriculum
 - j) Advising, with documentation, students on a monthly basis or more often if needed and/or as required by the Institution
 - k) Assisting financial aid and administrative departments by providing information as needed in a timely manner
 - l) Assigning instructors and substitutes to teaching levels
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- 5) Order supplies for skills laboratories.
 - 6) Observe the instructor at minimum twice a year in class/lab.
 - 7) Substitute for instructors in emergency.
 - 8) Procure and maintain contact with clinical facilities for learning needs of students.
 - 9) Be available for instructors and students for counseling, etc.
 - 10) Be supportive of students and instructors.
 - 11) Support instructors in matters dealing with students and/or clinical facilities.
 - 12) Be supportive of college in meeting obligations concerning students.
 - 13) Participate in staff meetings.
 - 14) Implement and maintain school policies/procedures and rules regulations.
 - 15) Maintain applicable clinical agency policies and regulations regarding students, guest faculty, safety practices and procedures.
 - 16) Present professionally to maintain and/or bring about a harmonious relationship with affiliate clinical agencies, the community and the college.

Equinox

Personal Trainer and Group Fitness Instructor

February 2009 - July 2011 (2 years 6 months)

Education

California State University-Long Beach

B.S., Kinesiology · (2009 - 2011)

National Academy of Sports Medicine

Certified Master Trainer, Fitness · (2009 - 2013)